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**NOV 10 2005**

**Date: 11/10/2005**

**Fax Number: 703-273-8300**

**To: Examiner Lori Baker Amerson**

**From: Sean Kaufhold**

**RE: Abdominal Exercise Device**

**Serial No. 10/656,320**

**Office Action**

***Total Number of Pages (Including cover sheet): 8***

***\*Please call us as soon as possible if you do not receive all pages.***

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NOV 10 2005

Docket No. FRA3282

IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

In Re Patent Application of )

5 Lu-Ying Chiu )

Serial No.: 10/656,320 )

Filed: 09/08/2003 )

For: Abdominal Exercise Device )

Examiner: Lori Baker Amerson )

10 Group Art Unit: 3764 )

Attorney: Sean A. Kaufhold )

Mail Stop Non-Fee Amendment

Honorable Assistant Commissioner for Patents

15 P.O. Box 1450

Alexandria, VA 22313-1450

FEE CALCULATION: No Additional Fees Due. Upon entry of the below amendment,  
the total number of claims will be 20 or less, and the number of independent claims will  
20 be 3 or less.

AMENDMENT

Responsive to the Office Action mailed on August 10,2005

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